

Native American 10 Commandments

**The Earth is our Mother,
care for her**

Honor all your relations

**Open your heart and soul to the
Great Spirit**

**All life is sacred; treat
all things with respect**

**Take from the Earth what is
needed and nothing more**

**Do what needs to be done for
the good of all**

**Give constant thanks to the
Great Spirit for each new day**

**Speak the truth; but only of
the good in others**

**Follow the rhythms of nature;
rise and retire with the sun**

**Enjoy life's journey, but
leave no tracks**